Acting as a balancing agent of opposition forces

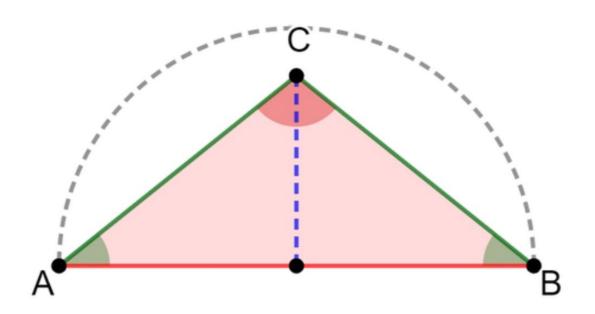
Faced with two different visions on Leadership, we will seek to find a balance.

We refer to Roberto Assagioli, talking about balancing opposites that he defines as "triangulation" and synthesis.

According to Assagioli, the most effective way to implement it is to detach our Center of consciousness from both poles and to keep it firm and constant at the higher point of balance.

Assagioli writes "The synthesis, similar to a chemical combination, reabsorbs the two opposites into a superior unit that has different qualities from each of them."

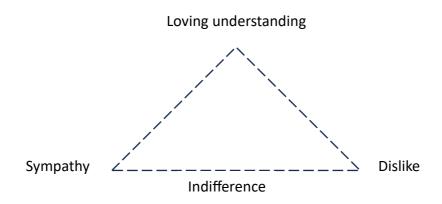
The Synthesis accomplished by a higher element or principle, transforms the two poles into a higher and vaster reality.



As Assagioli wrote, it allows us with respect to the two opposite poles, A and B present on the same plane, to give birth to pole C, the child aspect,

synthetic, creative and new because it represents the evolution of the two poles at the base, and literally leads us to a wish, to a higher level.

Assagioli again, on a psychological level, gives us the example of this creative process of Synthesis:



So today we will go further, and we will ask the heart, an entity to which we attribute a perceptual supremacy, to help us transform the conflict.

With research on cardiac coherence we now recognize the power of Synthesis to the Heart. No longer a simple producer and guardian of feelings, but an agent of transformation and elevation, sublimation and transmutation.

With cardiac consciousness, which we experience in a state of Coherence, we are able to conquer this polarised vision and today we will do it together, we will observe the aspects that have emerged from the two different visions on Leadership: we will do it by creating a triangle for each pair of opposites, precisely on the model of Assagioli, intuiting the point of Synthesis at its vertex.

Each breakout room will be able to choose and explore new points of synthesis.

We will close this space by asking the Heart to seal our Service of Creative Imagination with a short meditation.

Let us prepare ourselves to work with the Heart, which will help us to find <u>sustainable syntheses</u>, of a process that, step by step, over time, will evolve.

Synthesis work of the rooms (examples reported by the participants for New Leadership):

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Authoritarianism – Laxness = Authoritativeness

Competition – Cooperation = Shared Creativity

Power – Impotence = Right Relationships

Love – Hate = Loving Understanding

Demand – Renunciation = Gratitude

Right – Wrong = Ethical

Authoritarianism – Tolerance = Authenticity

Authoritarianism – Indulgence = Authoritativeness

Welcome – Reject = Include

Imposition – Submission = Cooperation

Power – Powerlessness = Reliance on the Self

Power – Powerlessness = Soul-infused leadership

Self-affirmation – Passivity = Creative work useful for the Common Good

Monocracy -Democracy = Deep Listening

Egocentrism – Indifference = Vision of the common good
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